

**FARM  
BUREAU**  
GEORGIA

®

## **LEAFY GREEN FACTS**



*Collards*

**Winter greens are available year round but taste much sweeter during their peak time of December-March.**

**Winter greens are great sources of Vitamins K, A, and C and are considered nutrition powerhouses.**

**FARM  
BUREAU**  
GEORGIA

®

## **LEAFY GREEN FACTS**



*Collards*

**Winter greens are available year round but taste much sweeter during their peak time of December-March.**

**Winter greens are great sources of Vitamins K, A, and C and are considered nutrition powerhouses.**

**FARM  
BUREAU**  
GEORGIA

®

## **LEAFY GREEN FACTS**



*Collards*

**Winter greens are available year round but taste much sweeter during their peak time of December-March.**

**Winter greens are great sources of Vitamins K, A, and C and are considered nutrition powerhouses.**

**FARM  
BUREAU**  
GEORGIA

®

## **LEAFY GREEN FACTS**



*Collards*

**Winter greens are available year round but taste much sweeter during their peak time of December-March.**

**Winter greens are great sources of Vitamins K, A, and C and are considered nutrition powerhouses.**