

FRUIT DIP

INGREDIENTS

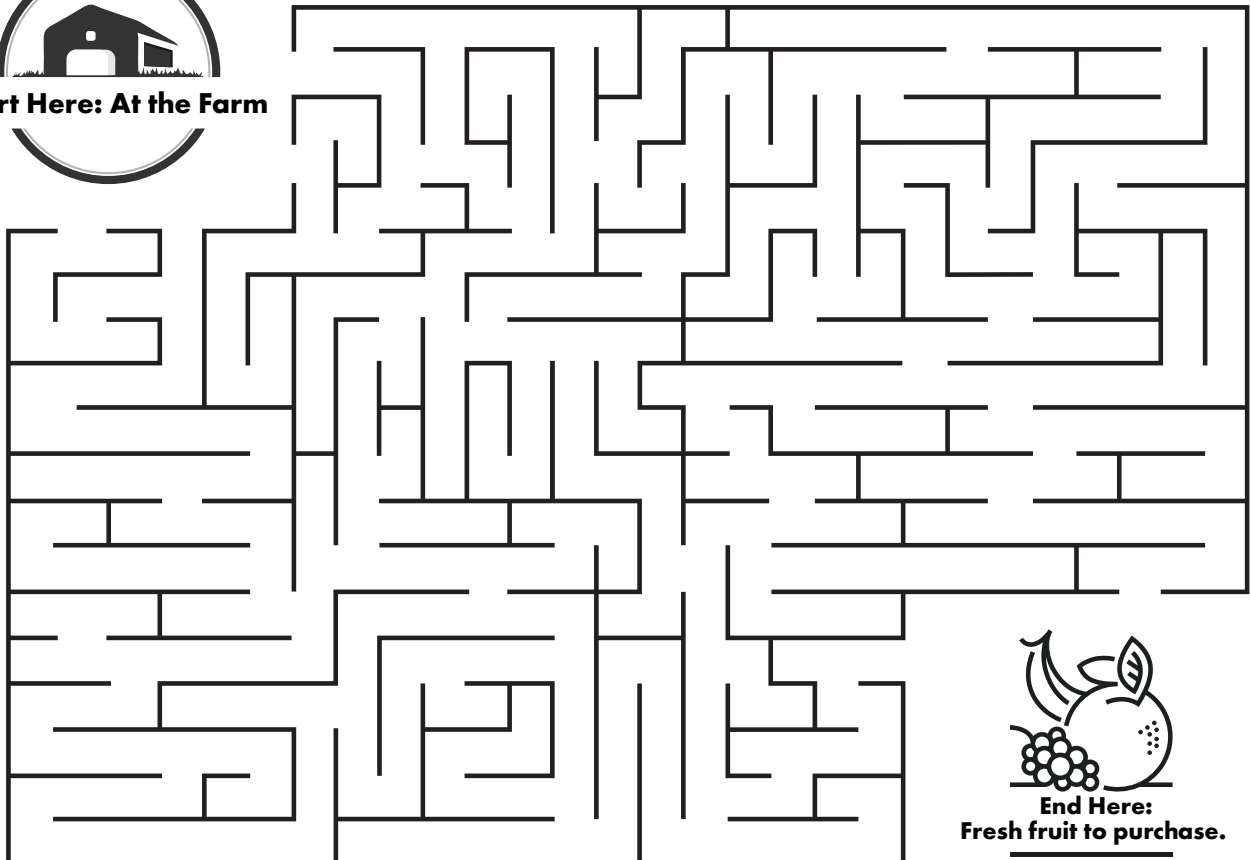
- 1 (32 ounce) container Low-Fat Vanilla Yogurt
- 1 (8 ounce) container Lite Cool Whip
- 1 (3.4 ounce) box dry instant vanilla pudding mix
- Fruit for serving

DIRECTIONS

1. In a large bowl, mix together vanilla yogurt, Cool Whip, and pudding mix until completely combined and you see no more lumps. The mixture will be a little bit gritty at first because the pudding hasn't had a chance to dissolve into the yogurt mixture yet.
2. Cover with plastic wrap and allow to chill for about 30 minutes. Serve with your fruit of choice and enjoy!
3. Store in an airtight container in the refrigerator for up to 5 days.



Start Here: At the Farm



End Here:
Fresh fruit to purchase.