

APPLE DIP

INGREDIENTS

- 1 cup** vanilla Greek yogurt
- 1 tablespoon** peanut butter
- 1 tablespoon** honey
- 1 tablespoon** sugar
- 1 teaspoon** vanilla
- 1 /4 teaspoon** cinnamon (optional)
- Apples

DIRECTIONS

- Mix all ingredients together.
- Slice apples and enjoy!
- Keep refrigerated.

