

EDIBLE COMPOST

SUPPLIES & INGREDIENTS

- 1 Paper Lunch Bag Per Student
- Corn Flakes Cereal (represents dried leaves)
- Potato Sticks (represents dried grass)
- Pretzel Sticks (represents sticks and twigs)
- Dried Fruits-(represents fruit and vegetable scraps)
- Gummy worms (represents earth worms)
- Chocolate chips (represents compost critters)
- Water

DIRECTIONS

1. Hand each person a bag, "compost bin". Tell them that the bag represents their compost bin. Discuss each edible item and the compost item it represents. Have the students put a spoonful of each item in their "compost bin".
2. After everyone has placed the food items in their "compost bin" have them close their clear paper and shake their compost. Explain to the students that compost needs air in order for items to break down and decompose. In addition to air, compost also needs moisture to break down. Tell participants that as they eat their compost they can get a drink of water to represent the moisture needed for compost to breakdown.

