

RED WHITE AND BLUE FLUFF SALAD

Blueberries and strawberries must be pollinated to grow. Bees and other insects help transfer pollen from flower to flower, allowing these yummy fruits to form. Marshmallows are made with gelatin, which comes from animals like cattle. Cattle indirectly depend on pollinators too, since many of the plants they eat, like alfalfa and clover, rely on bees and insects to grow. Thanks to pollinators, like bees, you can enjoy this delicious dessert!

INGREDIENTS

1 (3.4 oz.) box white chocolate instant pudding mix
1 cup cold milk
1 (8 oz.) container Cool Whip
2 cup mini marshmallows
16 oz. fresh strawberries
2 cup fresh blueberries

DIRECTIONS

1. In a large bowl, whisk together the white chocolate pudding mix and milk until well combined and slightly thickened.

2. Gently fold in the Cool Whip until fully incorporated.

3. Stir in the marshmallows.

4. Cut the strawberries into bite-sized pieces.

5. Fold the strawberries and blueberries into the pudding mixture.

6. Cover and refrigerate for at least 2 hours before serving.

