

Cattle Feed Trail Mix

Cattle feed is made up of carbs, roughage, protein, fiber, fat, vitamins, and minerals.
Did you know that cattle eat about 2 percent of their body weight every day?

INGREDIENTS

Carbs- Corn Flakes
Roughage- Shredded Wheat
Protein- Edamame
Fiber- Peanuts
Fat- Sunflower Seeds
Vitamins- Mini Twix Cereal
Minerals- Hydrated Marshmallows or Mini M&Ms

DIRECTIONS

1. Add all ingredients to a bowl and mix well.
2. Enjoy your trail mix!

